Improve your Salsa Dancing Faster (than Anyone Else)

Whether you're a beginner, intermediate, or even advanced dancer, you're always looking to improve your salsa. Everybody wants to move smoother, have a better connection with their partner, and look sexier on the dance floor. If you're anything like me, watching the most skilled dancers in the clubs or on YouTube ignites this flame for you. Today I have four tips for you on how to improve your salsa dancing faster than all of your peers.

Written from the perspective of someone who's already been dancing for a while, these tips also apply to anyone who hasn't even had their first salsa dance yet!

1. Keep Taking Lessons

Take lessons from teachers whom you want to dance like. The more you study with a certain teacher or studio, the more you'll dance like them. If you're currently taking lessons regularly, great!

Private lessons are also the most underrated way to improve your dancing, FAST. A great private teacher can focus on your weaknesses and carefully walk you through specific pointers to improve. In one hour, you can learn more than months of group lessons. Nothing beats the 100% privatized attention that teachers just can't afford during group lessons.

This personal one-on-one attention can transform you from a good dancer to an impeccable leader or follower. Most people can't seize the opportunity of private lessons because of their prohibitive cost, usually around \$80-\$100 per hour, but even if you can afford one every month or two, it's still greatly beneficial. I usually learn enough material in one private lesson to last me weeks to concentrate on while out social dancing.

2. Social Dance at LEAST Twice a Week

Taking lessons won't be of any use if you don't put the tips and techniques to work! I recommend even beginners from their very first lesson to instantly start going out to social dance.

Taking lessons once or twice a week, coupled with going out social dancing twice a week will turn you into a salsa machine. You are guaranteed to improve visibly week over week, there's no way you wouldn't!

As an intermediate or advanced dancer it's far too easy to go into an "auto-drive" mode while dancing and not actively be thinking of the connection that's happening during a dance. Don't do this!! Always stay in the moment, enjoy the dance, and be present. Plus, nothing is more of a turn-off in a dance than a dancer that's obviously zoning out and just executing moves from memory.

Find the best clubs to dance around the US at Dance Salsa HO.

3. Online Video Lessons

Consistently learning from one teacher or studio is great, but no one teacher is perfect. Having a blend of different teaching styles can make sure you cover not only all the small details and techniques, but also other moves and styling that you'd like to learn. Online video lessons can fill in this gap to pick up some fresh learning in small bite-sized chunks.

<u>SalsaLessons.tv</u> is a great resource with over 300 on-demand videos covering tips, techniques, styling, patterns, moves, shines, and more. Be sure to also check out their Bachata videos as well!

4. Lose the Salsero arrogance!!

Last but not least, lose the salsero arrogance! One thing that can stop you from improving indefinitely is thinking that "you're the best," an attitude that unfortunately plagues many salseros. Be humble, and know that you always have more to learn and improve on.

I hope you enjoyed these quick tips!

Author Bio

Ryan Ghods is a veteran active salsero that loves writing about salsa dancing and spreading the amazing community around the world! He runs the websites SalsaLessons.tv and Dance Salsa HO.